

What's for lunch?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Hot Ham 'n Cheese Sandwich on Wheat Bread Tater Tots Peas Fruit Slices Milk	Breaded Chicken Fingers w/BBQ Sauce Fresh Carrots w/Dressing Fruit Slices Oyster Crackers Milk	Hotcakes w/Maple Syrup Sausage Links Sliced Cucumbers Applesauce Milk	Salisbury Steak w/ Gravy Mashed Potatoes Green Beans Fruit Slices Dinner Roll Milk	Cheese Ravioli with Spaghetti Sauce Hot Veggie Medley Fruit Slices Wheat Bread Milk
Week 2	Hot Turkey and Gravy On Wheat Bread Seasoned Rice Fresh Carrots w/Dressing Applesauce Milk	Taco Beef W/Cheese Crispy Corn Shell Shredded Lettuce Diced Tomatoes Fruit Slices Milk	Macaroni & Cheese Peas Fruit Slices Wheat Bread Milk	Chicken Nuggets w/BBQ Sauce Cheesy Mashed Potatoes Celery Sticks Fruit Slices Wheat Bread Milk	Toasted Cheese On Wheat Bread Mixed Veggies Fruit Slices Milk
Week 3	Crunchy Fish Sticks w/Tartar Sauce Mashed Potatoes Diced Cucumbers w/dressing Fruit Slices Wheat Bread Milk	Sloppy Joe w/Bun Harvest Grain Sun Chips Corn Fruit Slices Milk	Chicken Rice Soup w/Vegetables Cheese Sandwich Fruit Slices Milk	Italian Meatballs w/Sauce Macaroni Celery Sticks Fruit Slices Wheat Bread Milk	Breaded Chicken Fingers w/BBQ Sauce Cooked Carrots Applesauce Crunchy Bread Sticks Milk
Week 4	Chicken Parmesan w/Rice Fresh Carrots w/dressing Fruit Slices Wheat Bread Milk	Macaroni & Cheese Cooked Broccoli Applesauce Wheat Bread Milk	Turkey Hot Dogs w/Bun Ketchup Potato Chips☺ Peas Fruit Slices Milk	Beefy Spaghetti w/Pasta Tossed Green Salad Fruit Slices French Bread Milk	Cheesy Pizza Hot Veggie Medley Fruit Slices Milk

✓ All fruits and vegetables are fresh or frozen/no sugar or salt added.
grain.

✓ Alternate entrée may be served based on dietary restrictions.

✓ Applesauce is natural/no sugar added.

✓ Wheat bread is whole wheat/whole grain.

✓ Fresh vegetables are subject to occasional change based on availability.